

B B E B S K G S A P R E G G

Words can share letters as they cross over each other. Words can go in any direction. AFRAID ASK BELIEVE

BRAVE COURAGE HELP KAHA RIGHT STRONG YOURSELF



We all need courage to do hard things.

Sometimes, we even need courage to do the right thing!

Your challenge:

Use the guide to create your own badge of courage to wear. When you are facing a challenge that feels really big, it'll remind you that you can do hard things.

You can colour it in, or go hard-out and glue on pieces of fabric or other materials to make

it your own style. Attach the design to some cardboard, and then ask a big person to help you attach a safety pin to the back.

What you'll need:

- 1. Glue stick
- 2. Scissors to cut out your badge
- 3. Colouring pens or pencils
- 4. Materials or fabric to decorate with





Think about some of the times you have shown courage, or some times you hope to have more courage for in the future.



